



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.



United Mental Health Promoters

The United Mental Health Promoters of Los Angeles County provide educational workshops to individuals and families seeking needed resources on prevention and early intervention in mental health. The promoter is not a clinician or psychiatrist, and for this reason, he/she cannot state his or her opinion on psychological treatment or medications.

Inglewood Unified School District and United Mental Health Promoters invite you to participate in the following free workshops!

10/13/21 – The Effect of the Pandemic on the Emotional Well-Being of the Community

10/20/21 – Covid and Emotional Health and the Brain: The Effects of Covid-19

10/27/21 – The Return of Children to School during Covid-19

11/03/21 – Mental Health & Stigma

11/10/21 – Symptoms and Treatments of Depression

11/17/21 – Prevention of Familial Violence

12/01/21 – Drug and Alcohol Prevention

12/08/21 – Stages of Grief and Loss

12/15/21 – Child Abuse

01/12/22 – Suicide Prevention

01/19/22 – Childhood Disorders: Neurodevelopmental Disorders

01/26/22 – Childhood Disorders: Anxiety & Emotional disorders

02/02/22 – Childhood Disorders: Other disorders

02/09/22 – Traumatic Stress Caused by Migratory Laws

02/16/22 – Anxiety Disorders

Inglewood Unified School District

401 S. Inglewood Ave.
Inglewood, CA 90301

Time: 9:00 a.m.

For questions regarding these workshops, contact Monica Hernandez, Project Coordinator (310) 419-2788

To coordinate a workshop or for more information regarding the Promoters Program, please contact:

Maria Zuniga, LCSW

SA8 Promoters Program Coordinator

Phone: (213) 264-4564

MaZuniga@dmh.lacounty.gov

Norma Ruiz

SA8 Community Health Worker

Phone: (213) 703-1054

NoRuiz@dmh.lacounty.gov



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Promotores Unidos de Salud Mental

Promotores Unidos de Salud Mental del Condado de Los Ángeles se enfocan en proveer talleres educativos en la prevención e intervención temprana de salud mental a individuos y familias en busca de servicios. El Promotor/a **no es terapeuta ni psicólogo**, debido a esto, no puede prestar su opinión sobre tratamientos psicológicos.

Inglewood Unified School District y Promotores Unidos de Salud Mental le invitan a participar a los siguiente talleres gratuitos!

10/12/21 - El Efecto de la Pandemia en el Bienestar Emocional de la Comunidad

10/19/21 - La Salud Emocional y el Cerebro: Los Efectos de Covid-19

10/26/21 - El Regreso de los Niños a la Escuela durante Covid-19

11/02/21 - Salud Mental y Estigma

11/09/21 - Síntomas y Tratamiento de la Depresión

11/16/21 - Trastorno de Ansiedad

11/30/21 - Prevención de Violencia Familiar

12/07/21 - Prevención de Alcohol y Drogas

12/14/21 - Etapas de Duelo y Perdida

01/11/22 - Prevención de Abuso Infantil

01/18/22 - Prevención de Suicidio

01/25/22 - Trastornos de la Niñez: Trastorno de Neurodesarrollo

02/01/22 - Trastornos de la Niñez: Trastornos de Ansiedad y Depresivos

02/08/22 - Trastornos de la Niñez: Otros Trastornos

02/15/22 - Estrés Traumático Causado por las Leyes Migratorias

Inglewood Unified

School District

401 S. Inglewood Ave.

Inglewood, CA 90301

Hora: 9:00 a.m.

Si tiene preguntas sobre estos talleres, comuníquese con Monica Hernandez, Project Coordinator (310) 419-2788

Para coordinar una presentación, o para más información general sobre el programa de Promotores, favor de comunicarse con:

Maria Zuniga, LCSW
SA8 Promoters Program Coordinator
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